

# LIFE IS STARVING TO BE SAVED

From Yemen to Afghanistan, Somalia to Gaza... Thousands of children are dying of hunger every day. However, it is possible to save these children with medical nutrition treatment. You donate for our nutrition health project and support our lifesaving efforts.

For info and to donate:  
**yyd.org.tr**  
+90 212 586 1212



**YERYÜZÜ  
DOKTORLARI**  
DOCTORS WORLDWIDE TÜRKİYE

# Hunger Facts in Numbers

- More than 783 million people are struggling with hunger worldwide.
- Approximately more than 333 million people are facing severe food shortages.
- In Afghanistan, 875 thousand children under the age of 5 are at risk of dying due to malnutrition.
- According to 2022 reports, 730 children lost their lives due to hunger between January and July alone in Somalia.
- Chad ranks among the top countries with the highest under 5 child mortality rates.

## What Are We Doing?

We conduct medical nutrition treatments at our nutrition health centers that we have established to prevent malnutrition-related diseases and health problems caused by hunger.

**Malnutrition:** It is a disease that usually occurs as a result of long-term starvation and inadequate or unbalanced nutrition. Severe hunger can cause loss of body weight and growth retardation. Therefore, it is not possible for malnutrition patients to be adequately nourished with daily foods. They can only survive with medical nutrition.

**Medical Nutrition Treatment:** It is the treatment process of malnutrition disease caused by starvation, and the treatment applied varies depending on the degree of malnutrition. After the doctor's examination and monitoring, children who are exposed to hunger for a long time due to severe malnutrition are treated with ready-to-use therapeutic and nutritious medical foods (RUTF) accompanied by a nutrition program.

As Yeryüzü Doktorları (Doctors Worldwide Türkiye), we provide nutrition health services in countries experiencing severe hunger, and continue our treatments to reduce serious and moderate malnutrition in children under 5 years old, pregnant women, and breastfeeding mothers.

### Our active nutrition health centers are as follows:

#### • Yemen Nutrition Health Center

In Yemen, we provided nutrition treatment for children under 5 years old and pregnant/nursing mothers struggling with hunger at 7 health centers for years. Since 2021, we have only continued to provide health services at the Yemen Taiz Nutrition Health Center.

#### • Chad Sido Nutrition Health Center

Our Chad Sido Refugee Health Center, which has been providing primary health care since 2016 due to the inadequacy of the Chad healthcare system and the increasing need, has started to provide medical nutrition treatment services for those in need struggling with malnutrition as of 2018. We continue our work by including pediatric and gynecological examination and pregnancy services within the scope of our activities.

#### • Somalia Nutrition Health Center

Somalia Mogadishu Health Center, where we provide primary health services, started to provide nutrition treatments in October 2021. Since 2023, we have been continuing our activities in our Mogadishu Health Center with examination and treatment services in the field of nutritional health, pediatrics and gynecological examination, ultrasound and laboratory services.

#### • Afghanistan Nutrition Health Center

We continue to provide examination and nutritional treatment services to those in need, particularly pregnant/nursing mothers and children, through our 15 nutrition health centers established in 15 provinces of Afghanistan and 11 mobile health teams, which started operations in January 2020.

## Support Us

You can cover a child's nutritional treatment for a year and contribute our healthcare services. Support us now and save the lives of children dying of hunger around the world.

You can follow the latest updates and our activities on our website.

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